

News



Public Fundraising Campaign Launched

An appeal to the general public for fundraising support was launched Thursday May 19th with articles appearing in the St. Catharines Standard,

Niagara Falls Review, Welland Tribune and the regional edition of the Toronto Star. [Read the full article here](#)



NIAGARA REGION

New garden planned for St. Catharines hospital to give patients and staff a place for respite

Garden Planting Underway

Gauld Nurseries started the soil amendment and initial planting along the Western wall of the St. Catharines Hospital site on June 27. This "Phase 1 Planting" ran through the week of June 27 to the 30th.

The plantings are now being "watered in" daily by hand by Rotary Lakeshore members over the summer months with drip irrigation to be installed in early August.

Garden Perennial Selection Profile

Ajuga bugleweed



When you're looking for something attractive, tough and fast growing to quickly fill in a large area, then you can't go wrong with ajuga (*Ajuga reptans*), also known as carpet bugleweed. This herbaceous perennial plant quickly fills in empty areas, smothering out weeds while adding exceptional foliage color and blooms. It's also good for erosion control. The flowers of bugleweed are normally bluish to purple but they can be found in white as well. And in addition to the traditional green foliage, this ground cover can also provide the landscape with stunning copper, purple-colored or variegated foliage.

Why a Garden at the St. Catharines Site?

Gardens are being planted at Hospitals across North America. Why?

Here's an excerpt from an article in Forbes magazine:

"When someone imagines a hospital, they likely don't first think of gardens or nature. After all, pollen and plant debris are not always conducive to a sterile environment. But scores of other hospitals have brought the outdoors into their health practice. And medical professionals have found that



as the plants grow, so too does the mental wellness of their patients".

[Click here to read the full article in Forbes e-newsletter.](#)

Thanks to our Donors!

The Rotary Club of St. Catharines Lakeshore would like to thank the following donor organizations, as well as the many individuals, who have contributed to the Campaign to date:



Rotary Club of St. Catharines South



Friendship Force Niagara

Building the Garden - Step By Step



To Donate

Donations in any amount are welcome!
Tax Receipts will be provided for all donations over \$10.



Please [click HERE](#) to donate
via Credit Card in support of the
Clarice West Hobbs Contemplative Garden.

If you would prefer to e-transfer the funds,
please send your e-transfer to the Rotary Club
of St. Catharines Lakeshore at:

treasurer.rotarylakeshore
@gmail.com